



Be Well 5 Bingo

Simply complete a full line or a full house on your bingo card to enter our prize draw!

 <p>Attended a virtual coffee morning</p>	 <p>Attended a virtual live exercise class</p>	 <p>Attended a virtual Tea & Tech session</p>	 <p>Signed up as a Pen Pal</p>
 <p>Requested a Chatty Bench Plaque</p>	 <p>Signed up to Be Skilled</p>	 <p>Attended a virtual Book Club</p>	 <p>Requested a Call Companion (Reengage)</p>
 <p>Completed an exercise class on our Video Channel</p>	 <p>Listened to a Be Active Podcast Episode</p>	 <p>Joined our Digital Storytelling Group</p>	 <p>Joined our virtual Big Quiz Night</p>

If you would like any further information about our Be Well initiatives, please get in touch at BeWell@anchor.org.uk



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